

H.E.L.P. Resource Center

Healing & Education for Loss Program

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A resource providing tools to reconstruct
lives living with grief.

*“Although the world is full of sorrow,
It is full also of the overcoming of it.”*

Helen Keller

Services to choose from to suit your needs

Circle of Friends –
Support group
for youth

Friend-Friend –
Support one to
one with
educators or
support staff

Friends w/ Friends –
Education and
support for those who
are helping others
with grief

Parent Pals –
Parent Support
and Education

ADDITIONAL RESOURCES

- A.D.A.M. organization, who supports grieving parents over the loss of a child and children over the loss of a loved one. www.adamupdate.com

AND

- Grief Matters, LLC. www.griefmatters.us